



KNOW

THE SIGNS

PREVENTS CONTACT WITH FAMILY AND FRIENDS

CONTROLS MONEY

CAUSES EMBARRASSMENT WITH BAD NAMES AND PUT DOWNS

CRITICAL ABOUT APPEARANCE AND/ OR BEHAVIOR

ATTEMPTS TO CONTROL WHAT YOU WEAR

UNREALISTIC EXPECTATIONS LIKE YOU BEING AVAILABLE AT ALL TIMES

THREATENS TO TAKE AWAY/HURT CHILDREN

ACTS LIKE ABUSE IS NOT A BIG DEAL, OR DENYS IT'S HAPPENING.

PUTS BLAME ON YOU.

DESTROYS PROPERTY OR THREATENS TO KILL PETS

INTIMIDATES WITH GUNS, KNIVES OR OTHER WEAPONS

SHOVES, SLAPS, CHOKES, HITS OR FORCES SEXUAL ACTS

THREATENS TO COMMIT SUICIDE

IT'S NOT
YOUR FAULT

WE CAN HELP.

CRISIS LINE
24 HOURS 7 DAYS A WEEK
208.733.0100

